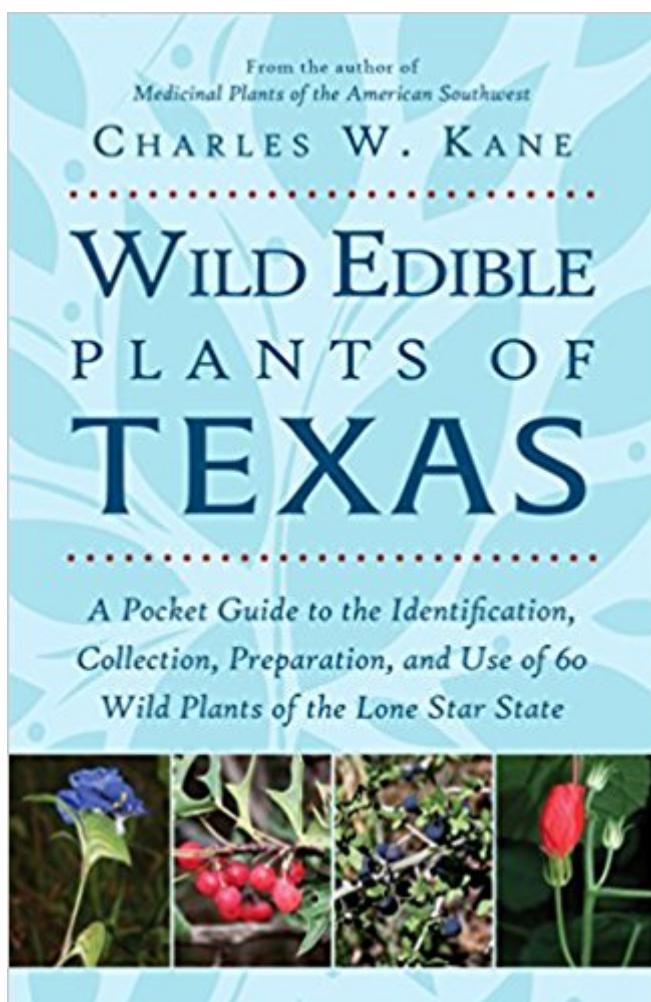


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# Wild Edible Plants Of Texas: A Pocket Guide To The Identification, Collection, Preparation, And Use Of 60 Wild Plants Of The Lone Star State



## Synopsis

Designed as a light-weight and field-portable reference booklet, Wild Edible Plants of Texas highlights the Lone Star State's most important edible wild plants. To the point and understandable, this guide best suits the prepper or outdoor enthusiast in need of a salient introduction to the field. No fluff. Just the facts. Each of the 60 (actually 62) entries are comprised of the following sections: Range and Habitat, Edible Uses, Medicinal Uses (when applicable), Cautions, and Special Notes. Both common and scientific names are listed. Over 100 color photos assist in identification and in many cases showcase each plant's choice edible part. Every profile is assigned a Texas-only location map and a seasonal guide on the best harvesting time. A general index is included as are a dozen photos of the state's poisonous plants. Some of the entries have a greater-than Texas range, however many are uniquely Texan, and hail from a specific region. West Texas' Chihuahuan Desert, the Hill Country of the Edwards Plateau, the Plains of the Panhandle, and the Piney Woods and Swamplands of the state's Coastal Plain all are botanically represented. The following plants are covered: Agave, Algerita, Amaranth, Arrowhead, Bastard Cabbage, Black Cherry, Blackberry, Bumelia, Cattail, Cholla, Dayflower, Devil's Claw, Dewberry, Dock, Dwarf Palmetto, Elder, Flameflower, Graythorn, Ground Cherry, Hackberry, Hickory, Indian Strawberry, Jewels of Opar, Kudzu, Lambsquarters, Lemonade Berry, London Rocket, Lotus, Madrone, Mallow, Mesquite, Mulberry, Nettle, Oak, Passionflower, Pawpaw, Pecan, Pennywort, Persimmon, Pokeweed, Prickly Pear, Purslane, Redbud, Rusty Blackhaw, Sorrel, Sow Thistle, Spring Beauty, Sugarberry, Thistle, Turk's Cap, Walnut, Wild Gourd, Wild Grape, Wild Oats, Wild Onion, Wild Plum, Wild Sunflower, Winecup, Yaupon Holly, Yellow Nutsedge, Yucca (Fruit), and Yucca (Stalk). Printed and bound in the USA.

## Book Information

Paperback: 72 pages

Publisher: Lincoln Town Press; First edition (February 1, 2016)

Language: English

ISBN-10: 0977133397

ISBN-13: 978-0977133390

Product Dimensions: 0.2 x 5 x 8 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 64 customer reviews

Best Sellers Rank: #38,029 in Books (See Top 100 in Books) #56 in Books > Reference >

## Customer Reviews

Titles: Medicinal Plants of the American Southwest (2006/2009/2011), Herbal Medicine: Trends and Traditions (2009), Sonoran Desert Food Plants (2011/2017), Southern California Food Plants (2013), Wild Edible Plants of Texas (2016), and Medicinal Plants of the Western Mountain States (2017).

I bought this prior to a Mark "Merriweather" guided foraging tour at the Caddo Mound State Park. I used the book to reference different plants seen on the tour. Until Merriweather's book comes out I am going to use this one. I enjoyed the pictures, especially showing where in Texas the plants are typically found. It does not show everything but covers a great deal. If you use it, use the index which also lists common names when searching for a particular plant.

Great little booklet with great pictures and easy to read descriptions of the plants of Texas. However, you better get two because if you let it out of your sight it'll go AWOL. I had mine for two days before a friend borrowed it and doesn't want to give it back because he's having too much fun with it. I have ordered a second and will probably order a couple more for gifts this Christmas.

Great book overall. Lists out a large handful of edible wild plants of Texas, as the title suggests. Each plant includes a few pictures, a written description of what they look like/where they can be found, edibility, and other notes. I take this thing with me everywhere I hike, to try and identify plants. What would make me grade it as 5 stars is if it had more pictures of specific plant tissue of each one. This includes closeups/little descriptions of the bark, leaves, flowers and berries. Maybe just a teeny little photo of each, would really help a lot. However, this book is still well worth your money!

With all the hurricanes, storms, power outages, etc. that can compromise our food supply, this book is great to get ahead of time to learn both what you can eat in your so called backyard and then research what of that all of your pets can eat, too! Easy reading and great resource.

This item was purchased as a gift for a family member. They like the idea of being able to live off the

land and loved the book. They said that the information is a great place to start for their education of Texas' plants. I would have to say that this was a good purchase.

Not very thick but it is a pocket guide...lots of very good illustrations...

One of the better books on edibles out there. All the info you need on each plant is right there in an easily read format. This IS a thin book, mainly due to a lack of extra nonsense most books have. Perfect size book to tuck away in a pocket or small pack.

Got it from a gift but knowing her I think she will love it

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